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Newsletter of the  
Rush-Presbyterian-St. Luke's  
Nurses Alumni Association



# news & views

FALL 2014

## SIMULATING THE REAL WORLD FOR NURSING TRAINING



*The new Rush Center for Clinical Skills and Simulation enhances hands-on training.*

reflects the commitment to quality of care and patient safety for which the College of Nursing is known.

“When students, and even clinicians, are learning at the bedside, patient safety comes first. It has to. And that often means that students and clinicians aren’t able to repeat and truly master a skill,” Kremer said.

“Conversely, simulation is about the learner and only about the learner. In the simulation center, we work with nursing students to repeat skills, to review performance and to allow them to make errors — in a safe environment — so that we can correct those errors before our nurses care for living patients.”

With philanthropic support, a planned expansion of the center will incorporate a wet laboratory, where trainees can practice central line insertions or surgical stitches on organic tissues. Another program will allow students and staff to practice diagnostic and communication skills with live actors posing as patients and family members.

The Rush-Presbyterian-St. Luke’s Nurses Alumni Association and the Golden Lamp Society have each generously donated \$50,000 to this initiative. Additionally, The Sheba Foundation has supported the center with a \$1 million gift and a \$1 million challenge grant, providing critical seed funding for the project. More alumni and faculty continue to add their support to ensure that the planned expansion of this center becomes a reality.

**To learn more or make a gift, contact Ross Crampton at (312) 942-7165.**

Simulation training saves lives. As students and health care providers learn to refine their communication, master new techniques, improve procedures and streamline emergency response, this training greatly enhances clinical practice in a real-world setting. Now, a new simulation center allows Rush to offer even more of this critical instruction to nursing students and others across the institution.

With the 2003 opening of the Rush University Simulation Laboratory, Rush was an early leader in simulation training. Today, a new 15,000-square-foot Rush Center for Clinical Skills and Simulation will increase access to high-quality clinical training — more than tripling the number of people who can be trained at any one time.

Seven new training environments simulate actual patient care settings. There, groups of students and clinicians from a range of disciplines — including nurses, physicians, physician assistants and other allied health professionals — are training together.

In the simulation center, students and clinicians are practicing with patient simulators that display lifelike responses to treatment and external stimuli. Training sessions are digitally recorded and projected to an adjoining classroom for others to view, and participants can review and analyze their performances through a structured debriefing process.

According to the center’s Co-director Michael J. Kremer, CRNA, PhD, FAAN (PhD ’97), Rush’s investment in simulation training

Newsletter of the Rush-Presbyterian-St. Luke’s Nurses Alumni Association



### UPCOMING EVENTS

**Rush-Presbyterian-St. Luke’s Nurses Homecoming 2014**  
**Friday, October 24, and**  
**Saturday, October 25, 2014**  
Rush University Medical Center, Chicago

Come home to your fondest memories, and take in all that’s new in nursing at Rush. Tour the new simulation center and Tower hospital, meet current nursing students and faculty, and reminisce with classmates at an all-class celebration lunch and traditional tea. This year’s event especially celebrates the 50th reunion of the Presbyterian-St. Luke’s Class of 1964. Please register your attendance by Oct. 15.

**Nursing Networks**  
**December 2, 2014**  
Rush University Medical Center, Chicago

To learn more about these events, contact the Office of Alumni Relations at (312) 942-7199 or [alumni@rush.edu](mailto:alumni@rush.edu).

# news & views

FALL 2014

## RUSH-PRESBYTERIAN-ST. LUKE’S NURSES ALUMNI ASSOCIATION 2012 - 2014 BOARD ROSTER

<b>PRESIDENT</b> Angelique L. Richard, PhD, RN (BSN ’85, MSN ’88)	<b>MEMBERS AT LARGE</b> Wende Fedder, DNP, MBA, RN, FAHA (DNP ’11) Beverly Liefeld Hancock, DNP, RN-BC (BSN ’85, MSN ’91, DNP ’09) Anne Marie Herlehy, DNP, RN, CNOR (BSN ’93, DNP ’09)	Michelle D. Riley, DNP, RN (DNP ’03) Mary T. Bergan Saba, MSN, RN (BSN ’81, MSN ’89) Gail M. Johnson Schauer, BSN, RN (Pres.-St. Luke’s ’66)
<b>VICE PRESIDENT</b> Marcia P. Murphy, DNP, ANP, FAHA (MSN ’80, Cert. ’97, DNP ’07)	Michelle D. Myles, DNP, RN, CNE (DNP ’03)	Daniel J. Sheridan, PhD, RN, FNE-A (BSN ’82, MSN ’85)
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<b>IMMEDIATE PAST PRESIDENT</b> Margaret Faut-Callahan, CRNA, PhD, FAAN (CRNA ’76, MSN ’79 and PhD ’84)	Jean E. Range, MS, RN, CPHQ (BSN ’80)	Marilyn K. Wideman, DNP, RN-BC, FAAN (DNP ’07) Rebecca J. Zapatochny-Rufo, DNSc, RN, CCRN (PhD ’03)

You may update your email or newsletter mailing address online at [alumni@rush.edu](mailto:alumni@rush.edu) or by calling (312) 942-7199. Please submit your news and accomplishments to [alumni@rush.edu](mailto:alumni@rush.edu) or to the Office of Alumni Relations, Rush University Medical Center, 1700 W. Van Buren St., Suite 250, Chicago, IL 60612.



## STRATEGICALLY STRENGTHENING OUR COLLEGE

On behalf of the entire board of the Rush-Presbyterian-St. Luke's Nurses Alumni Association (NAA), I am excited to welcome Marquis D. Foreman, PhD, RN, as the newly appointed John L. and Helen Kellogg Dean of Rush University College of Nursing. You'll hear more from Dr. Foreman at Homecoming and in our spring issue of *News & Views*. In the meantime, we look forward to collaborating with him in achieving some key NAA goals.

In fact, the NAA and the Office of Alumni Relations is implementing the alumni association's new strategic plan for fiscal years 2014 to 2017. The plan includes three key priorities: strengthen alumni pride, increase student outreach and support the college.

While the adoption of this strategic plan is new for us, our work as an alumni association has always been in service of these priorities — from our programming and events to our support of the College of Nursing and its students. A gift like the NAA's recent \$50,000 commitment to support the Rush Center for Clinical Skills and Simulation (see our cover story this issue) will do so much to prepare tomorrow's nurse leaders.

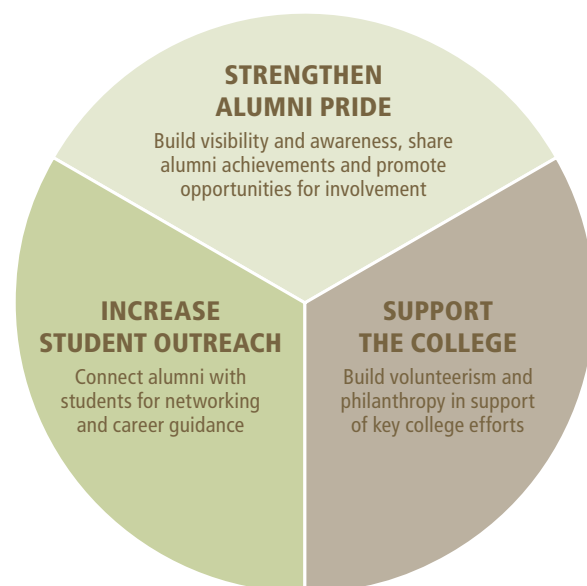
We're already making progress across all aspects of the plan. To foster student engagement, the alumni association is now in front of every nursing student upon graduation to personally welcome them into the NAA. We're also reaching out to more out-of-state alumni and to graduates of our DNP and PhD programs, who are at the forefront of change in nursing education and practice, to enlist their shared enthusiasm and support. And, as always, we look forward to another great year of alumni programs and events, including our 2014 Homecoming on Oct. 24 – 25, when we will especially celebrate the Presbyterian-St. Luke's Class of 1964 on their 50th reunion, and a December Nursing Networks event featuring Linda Burnes Bolton, DrPH, RN, FAAN.

Through it all, I take great pride in our alumni association and all that we are accomplishing together. Thank you for your ongoing support and engagement.

Sincerely,

Angelique L. Richard, PhD, RN (BSN '85, MSN '88)  
President  
Rush-Presbyterian-St. Luke's Nurses Alumni Association

## NURSES ALUMNI ASSOCIATION STRATEGIC PLAN FY2014–2017



## DISTINGUISHED NURSING ALUMNA LEADS AN EVIDENCE-BASED APPROACH TO BREASTFEEDING

It's a topic that might provoke passionate debate in the media, but Paula Meier, PhD, RN, FAAN (PhD '85), sees the outcomes of human milk feeding as perfectly clear. Feeding a premature baby human milk impacts the baby's short- and long-term health and reduces the costs associated with problems of prematurity throughout the lifespan.

The director for clinical research and lactation in the Renée Schine Crown Neonatal Intensive Care Unit (NICU) at Rush, Meier is an internationally renowned expert on human milk, lactation and breastfeeding in the NICU. She recently served a two-year commitment as president for the International Society for Research in Human Milk and Lactation and serves as a member of the health advisory board for La Leche International. She has provided consultation to the Centers for Disease Control and Prevention and the National Institute for Child Health and Development. Meier was acknowledged in 2013 with the Rush-Presbyterian-St. Luke's Nurses Alumni Association Distinguished Alumni Award.

In 2013, Meier and a team of nurses and doctors at Rush completed a five-year National Institutes of Health-funded study that allowed them to follow a cohort of 430 very low birth weight babies, those born weighing less than 3 pounds, 4 ounces. Among other conclusions, they found that feeding a premature baby high doses of human milk for the first 28 days of life significantly reduces the risk of sepsis, necrotizing enterocolitis and specific developmental problems at 20 months of age, corrected for prematurity. With their data, Meier and her team — including a unique breastfeeding peer counselor model she developed — have published 22 research articles to date that report the outcomes of this study.

In 1996, Meier founded the Rush Mothers' Milk Club, a clinical program based in the NICU that presents mothers and new families with essential research findings and information they need about providing human milk feedings to their babies. Meier also hosts Friday luncheons, where families can learn about the science behind human milk and lactation, and meet other NICU families and breastfeeding peer counselors. Although nearly 50 percent of the mothers from Meier's NIH cohort initially said that they were going to choose formula for their babies, 98 percent ended up providing some human milk for their babies.

Meier also serves as a mentor to junior faculty at Rush from a variety of disciplines. She was personally mentored by Luther Christman, PhD, RN, FAAN, in her doctoral program and embodies his vision of the practitioner-teacher who practices, does research and educates/mentors students and junior faculty.



*“There's a meshing between the research and the clinical that sets Rush's NICU human milk feeding program apart from so many others. Every decision made in the NICU is evidence-based.”*

PAULA MEIER, PhD '85, recipient of the Rush-Presbyterian-St. Luke's Nurses Alumni Association 2013 Distinguished Alumni Award





## COLLEGE NEWS & ACHIEVEMENTS

### FACULTY ACHIEVEMENTS ::

**MARQUIS D. FOREMAN, PhD, RN, FAAN**, has been appointed to serve as the new John L. and Helen Kellogg Dean of Rush University College of Nursing.

**ELIZABETH CARLSON, PhD, RN (PHD '88)**, serves as chair of the Globalization Task Force for Sigma Theta Tau International Honor Society of Nursing.

**TAMI DAVIS, MSN, CNM; ROSITA SANTOS, MS, Med, RN;** and **KATHRYN SWARTWOUT, PhD, APN, FNP, BC (MSN '86)**, received DAISY Awards for Extraordinary Nurses from the Daisy Foundation. Davis also was recognized as an Education MVP by Rush University College of Nursing.

**KATHLEEN DELANEY, PhD, RN, PMH-NP (PHD '83, CERT. '05)**, was appointed by Illinois Governor Pat Quinn to the Illinois Center for Nursing Advisory Board. She also was recognized as a College MVP by Rush University College of Nursing.

A book by **RUTH KLEINPELL, PhD, RN, ACNP, FAAN, FCCM (CERT. '95)**, *Outcome Assessment in Advanced Practice Nursing, Third Edition* (Springer Publishing Company, 2013), was selected a 2013 *American Journal of Nursing* Book of the Year.

**MICHAEL KREMER, CRNA, PhD, FAAN (PHD '77)**, was named a distinguished practitioner and fellow of the National Academies of Practice.

**PAMELA LEVIN, PhD, RN**, was appointed to the Advanced Public Health Nursing Content Expert Panel by the American Nurses Credentialing Center.

**AMY MANION, PhD, RN, CPNP-PC (CERT. '96)**, has been leading a project, "Food and Fun Fridays," at Chicago's Simpson Academy for Young Women.

Rush received a \$10,000 grant from the Colonel Stanley R. McNeil Foundation to support this project.

**JOANNE MILLER, PhD, APN, GNP-BC (MSN '76, CERT. '99)**, and **JAN ODIAGA, DNP, CPNP-PC (BSN '95, MSN '97, DNP '97)**, have received a Health Resources and Services Administration grant from the U.S. Department of Health and Human Services for their Interprofessional Education-Pediatrics Through Aging (IPEPA) program. The program aims to prepare advanced practice nursing students, medical students and allied health students to train in interprofessional teams.

**MELINDA NOONAN, DNP, NEA-BC (DNP '09)**, was selected as a 2013 Robert Wood Johnson Foundation Executive Nurse Fellow.

**MONIQUE REED, PhD, RN**, has been named a BMO Health Disparity Fellow at Rush, as part of a series of initiatives supported by a \$5 million grant from BMO Harris Bank.

### RESEARCH ACHIEVEMENTS ::

A research project led by **SUSAN BUCHHOLZ, PhD, RN** — "Physical Activity Text Messaging Intervention for a Food Service Employee Population" — was one of six studies funded by the 2013 Rush Pilot Projects for Research grant. Another was a research project led by **MASAKO MAYAHARA, PhD, RN (BSN '97, CERT. '97, MSN '98)**: "Impact of Digital Pain and Analgesic Diary in Reducing Medication Error in a Hospice Setting."

**REBEKAH "BECKY" HAMILTON, PhD, RN**, received the International Society of Nurses in Genetics' 2013 Founders Award for Research. Hamilton's research focuses on the experiences of young women who develop breast cancer.

### STUDENT ACHIEVEMENTS ::

**TERESA YAMBO**, a former Golden Lamp Society scholarship recipient, won first place in the American Psychiatric Nurses Association's 27th Annual Conference Poster Presentation Awards for her research on the mental health of partners living with veterans with PTSD.

See more College News and Alumni News and Achievements on our website at [www.con.rushalumni.org](http://www.con.rushalumni.org)

## ALUMNI NEWS & ACHIEVEMENTS

### PRESBYTERIAN ::

**JOYCE LUCILLE MUILENBURG BENDER BOOHER, '46**, worked as a lab technician in Orange City, Iowa; a floor nurse in Ann Arbor, Michigan; a college clinic nurse in Holland, Michigan; and a night nurse in Batavia, New York. "I have five children and 11 grandchildren," Booher wrote. "I live in Waukegan, Illinois. Fish in my aquarium, birds at my feeder and reading everything I find make for a satisfying life. Would enjoy corresponding with classmates."

### PRESBYTERIAN-ST. LUKE'S ::

**KATHLEEN (BEADEL) BAUER, '68**, has taught nursing for the past 35 years and wrote and managed many grants for allied health programs. "I retired from full-time employment two years ago but continue to write and manage grants," she wrote. Also a lawyer, Bauer teaches law and ethics online and hopes to do pro bono legal work. "I have four boys, ages 11 through 35," she wrote. "My husband and I met 13 years ago. It was the second marriage for both of us. We have retired to a rural area of northern San Diego County. It is truly like living in paradise."

### RUSH ::

**MARGARET FAUT CALLAHAN, CRNA '76, MSN '79, PhD '84**, dean of the Marquette University College of Nursing in Milwaukee, was appointed interim provost of Marquette University.

**JUDY BERNER-BELKIN, BSN '80**, is "very happily living in Seattle and worked as a nurse for 30 years," she wrote. "I am now in a career that helps people age slower and in a healthier way."

**GAY STREETER LANDSTROM, BSN '83**, was appointed chief nursing officer for the Dartmouth-Hitchcock Health System in New Hampshire. She previously served as senior vice president and chief nursing officer of CHE Trinity Health in Livonia, Michigan.

**PATSY RUCHALA, PhD '91**, director and professor at the University of Nevada's Orvis School of Nursing, was named to the American Association of Colleges of Nursing's Board of Directors.

**LAURA VASQUEZ, BSN '91**, is the associate chairperson and program director for imaging sciences in Rush

University College of Health Sciences' new Department of Medical Physics and Advanced Imaging.

**SUSAN BAUER-WU, PhD '97**, was selected as a 2013 Robert Wood Johnson Foundation Executive Nurse Fellow. Bauer-Wu has received an endowed chair appointment from the University of Virginia School of Nursing.

**RICHARD "RICK" ZOUCHA, PhD '97**, was promoted to full professor at Pittsburgh's Duquesne University School of Nursing, where he also became chair of the PhD program.

After graduation **ABIGAIL MATOS-PAGAN, DNP '03**, continued working with what had been her capstone project, the Coalition of Nurses for Communities in Disaster Inc. "I am completing a document in the development of the Nursing Clinical Scene Investigation (NCSI) model," she wrote. "I can truly say that Rush University prepared me with the competencies I needed to continue to do what I love and for a journey in lifelong learning."

### A LOOK BACK: CHARLOTTE LANGE BAUMGARTNER, ST. LUKE'S '52

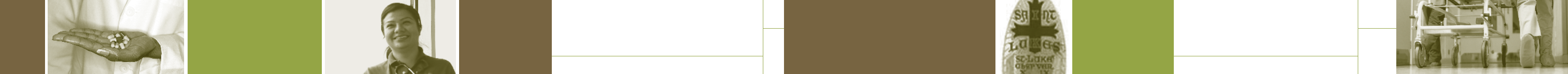
Last fall, Charlotte Lange Baumgartner (St. Luke's '52) returned to Rush for Homecoming 2013, during which she reflected on the major impact her nursing studies had on her career.

After graduating from St. Luke's, Baumgartner built her nursing career to become head nurse at the Morton Clinic at St. Luke's. She later worked as a school nurse for 20 years, after her youngest child entered fourth grade. Baumgartner cherished all she learned at St. Luke's.

"I worked my entire life with children," Baumgartner said. "The wonderful thing about having a nursing education is that you use it your entire life; it's a blessing for your family. Sometimes you know too much, but for friends who ask, it's a real blessing."







Under the direction of past presidents **ERIK MCINTOSH, BSN '04, MSN '12**, and **BENSON WRIGHT, MSN '12**, the Rush Professional Nursing Staff received the Clinical Partner Award – Academic Medical Center, at Sigma Theta Tau International’s 42nd Biennial Convention in November 2013. The award reflects the group’s demonstrated commitment to promoting quality in health care as well as to developing nurse leaders.

**WENDE FEDDER, DNP '11**, administrative director of the Alexian Brothers Neurosciences Institute in Elk Grove Village, Illinois, received the 2013 Excellence in Clinical Practice Award from the American Heart Association. Fedder also has coauthored American Heart Association/American Stroke Association’s 2014 national guidelines for stroke prevention in women. The new recommendations have recently been published in the journal *Stroke*.

**D. MICHAEL GRAHAM, CERT. '12**, is the new academic dean of the College of Health Sciences and Nursing at the University of Phoenix.

**MARSHA KING, DNP '13**, of Crown Point, Indiana, has been named dean of the University of Saint Francis Crown Point.

**JACOB TEMPLE, DNP '13**, is the manager of mental health services at Lakeland Regional Medical Center in Lakeland, Florida.

IN MEMORIAM



EMILY MARTIN NICHOLAS, '51, of Lititz, Pennsylvania; Aug. 13, 2013

JEAN MEREDITH FOYE, '57, of Indianapolis died Aug. 27, 2014. Miss Meredith, as she was affectionately known, was always meticulous in her perfectly starched white uniform and nursing cap. During her storied career at Rush, including head nurse of surgical intensive care and director of operating room nursing, she mentored hundreds of nurses and maintained the highest standards of patient care excellence, epitomizing a Rush-Presbyterian-St. Luke’s nurse.

ST. LUKE’S ::

MATILDA ZABORSKY, '43, of Oak Lawn, Illinois; June 6, 2011

LOIS DRAEGER, '46, of Janesville, Wisconsin; Feb. 25, 2012

CARYL ANDERSON KEELER, '47, of Sun City Center, Florida; July 24, 2011

JUANITA HOWLE FROME, '51, of Houston, Texas.; Nov. 7, 2009

JOANN BRUCE MONTGOMERY, '51, of Oak Park, Illinois; Aug. 20, 2013

LAUREL JEAN MAUL, '54, of Chicago; Jan. 17, 2013

DIANE OVERLAND MULHOLLAND, '54, of Joliet, Illinois; Feb. 5, 2014

JANICE PLAGGE STILWELL, '56, of Seal Beach, California; Aug. 12, 2013

PATRICIA (WILLIAMS) BENEDICT, '58, of Port Huron, Michigan; Nov. 27, 2013

PRESBYTERIAN ::

ELIZABETH KINZER O’FARRELL, '42, of Tallahassee, Florida; March 18, 2013

NORMA CLAIRE HEDGES COATES, '47, of Bluffton, Indiana; March 2, 2013

TECKLA (MEINTS) LEYERLE, '58, of St. Louis; Sept. 4, 2013

DOROTHEA LOUISE “DOTTIE” SMITH, '58, of Bristol, Illinois; Jan. 8, 2014

PHYLLIS ANN NYE, '46, of Elkhart, Indiana; March 30, 2014

PRESBYTERIAN-ST. LUKE’S ::

DESSA RATHMAN EMERSON, '55, of Lakewood, Colorado; March 11, 2013

CAROLINE ROLLINSON VACLAV, '61, of Manteno, Illinois; Oct. 16, 2013

RUSH ::

VIRGINIA MAIKLER, '80, of Park Ridge, Illinois; May 26, 2014

SHAUNA L. LAATZ, '03 and '10, of La Grange, Indiana; April 5, 2014

RUSH ALUMNI AND FACULTY HONORED AT 42ND BIENNIAL SIGMA CONVENTION

At the Sigma Theta Tau International (STTI) 42nd Biennial Convention last fall, Cathy Catrambone, PhD, RN, FAAN (MSN '89, PhD '00), was named president-elect of the international nursing honor society. After serving a two-year term, she will become the 31st president of the organization, which includes about 134,000 members in more than 480 chapters around the world.



Catrambone has also been named to Sigma Theta Tau’s Global Advisory Panel on the Future of Nursing, a panel of international nurse leaders convened to establish a global voice and vision for the future of nursing that will advance global health.

Rush faculty and alumni who received individual awards at this year’s STTI convention were recognized in the fall 2013 *News & Views*. Additionally, Rush alumni were among the recipients of two group awards — the Clinical Partner Award and the Clinical Technology Award — given to teams from Rush at the convention. See Class Notes for details about these alumni accomplishments.

ESTABLISHING A NURSING LEGACY AT RUSH



The Golden Lamp Society awarded the first Elizabeth Dietrich Endowed Nursing Scholarship to student **ERIN WOODS** (left) at this year’s luncheon, an award that will support nursing students in perpetuity. Estate giving makes it possible for people with ordinary means to provide significant support that helps generations of nursing students to come. **ELIZABETH G. DIETRICH, PRESBYTERIAN '51**, included the Golden Lamp Society in her estate, making her a member of the Rush Heritage Society — Rush’s planned giving recognition society — and allowing her nursing legacy to live on.

Bequests like Dietrich’s are important as Rush plans for its future and for the future of nursing. Planned gifts of all sizes and designations help ensure that valuable resources will be there when Rush’s nurses and nursing students need them most. To learn more, contact Susan Sasvari, senior director of gift planning, at [susan\\_sasvari@rush.edu](mailto:susan_sasvari@rush.edu) or (312) 942-3691.

Classmate Kudos

Know a fellow alum who is making a mark on the field of nursing? Have a friend, classmate or colleague who’s doing great work? Tell us! Send word of a fellow alum’s accomplishments to [alumni@rush.edu](mailto:alumni@rush.edu), and we’ll toot his or her horn in an upcoming *News & Views*.

news & views

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